

September  
2009

	Telephone	Fax
Hermanus	028 313 8000	028 313 1894
Gansbaai	028 384 8300	028 384 0241
Kleinmond	028 271 8400	028 271 4100
Stanford	028 341 8500	028 341 0445
24 Hour Emergency Fire Brigade	028 313 8000/8111 028 312 2400	

# Bulletin

Official newsletter of the Overstrand Municipality

## • SPORT, FUN, ENTERTAINMENT, BUT WHALE FESTIVAL'S FOCUS ON RICH MARINE LIFE

Spring heralds the arrival of our whales and the 18th annual Hermanus Whale Festival. This year the focus will be on a celebration of our rich marine life, and our mascot is Wally the Whale and his ocean buddies. The environmental expo will be held in front of Village Square Waterfront Piazza with fascinating talks by marine specialists.

The organisers have secured the SAB Gig Rig, and a fantabulous programme that promises to cater for every taste. South African country legends Billy Forrest, mama country Sally Vaughn and Bobby Angel will perform on Thursday, 24 September and also on Thursday, The Four Kings comedy show will have your rolling in the aisles. Funny men Hannes Brumer, Melt Sieberhagen, Martin Jonas and the White Warrior will entertain with their wicked humour and wit, and Abba Magic takes to the stage on Saturday, 26 September with a two-hour performance, guaranteed to keep you begging for more.

Talented local artists will provide free entertainment during the day. The 36 craft stalls with South African produce have been hand-picked and the food court will feature a variety including stall holders from local participating restaurants.

The Civic Auditorium will feature an educational programme on Hoy's Koppie and its cultural importance on Heritage Day and a truly cultural evening on the Friday evening.

Due to the success and response from local "young" entrepreneurs last year, the second Kid's Morning Market will be moved to the vicinity of the amphitheater so that they can truly demonstrate their talents. Come and meet the Simba-man with a few tricks up his hairy sleeve! Street entertainment includes buskers, marimba, street singers and our very own line dancers.

The ever popular Whale and Wheels Classic Car Show will be hosted at the Hermanus Primary School grounds on Saturday, 26 September. Sporting enthusiasts are catered for with the Whale Half Marathon, a spin-a-thon, a bodybuilding show, a boxing tournament and BMX extreme sport rally. The prestigious Whale

Festival Classic Golf Day tees off on Friday, 25 September at the Hermanus Golf Club.

For further information, please contact the festival office on 028 313 0928 and do visit our website at [www.whalefestival.co.za](http://www.whalefestival.co.za)

### Also in September:

- 10, 11 and 12 September 2009: Annual Orchid Show in the St Peter's Church Hall, Main Road, Hermanus (09:00 to 17:00 on Thursday and Friday, and 09:00 to 16:00 on Saturday).
- 17 to 20 September 2009: Hermanus Flower and Eco Fair at the Fernkloof Nature Reserve, Hermanus (09:00 to 17:00 every day).



### HERBERT DEPARTS

Overstrand's best wishes accompany Alderman Verrell

Herbert and his wife. He tendered his resignation as deputy mayor and councillor end July and will be emigrating to Australia, where they have family. Mr Herbert has been involved in local government since 1994 and received the honorary title of Alderman in June 2005 in recognition of continued services at a high level. In March 2006, he was elected as Overstrand's Deputy Mayor. Mr Herbert was a proportional member for the Democratic Alliance. His successor will, therefore, be nominated by that party, while a new deputy mayor will be elected by a special council meeting in the near future.



**Woman power:** From left to right: Glenda Furst, Elizabeth Klaas, Joyce Rawstorne, Sandy Carruthers, Claudine Dyck, Marlene Lewis, Marianné Beyleveldt and Bea Whittaker. Absent are Mary Hull and Jenny Sauls.

## NINE NAMED AS OVERSTRAND'S WOMAN OF THE YEAR

Women's Day is not an event that simply passes Overstrand by. As is custom, Mayoress Marianné Beyleveldt hosted a Women's Day Breakfast on Saturday morning 8 August 2009 where no fewer than nine Overstrand women were honoured for the contributions they are making in different areas and in an array of fields. This year's winners are:

- Sandy Carruthers (Hangklip), founder of the Pikkewyntjies Preschool in Mooiuitsig and benefactor of underprivileged children;
- Marlene Lewis (Kleinmond), who as founding member of the Tabita Movement teaches people to sew, trains them in an array of crafts and helps to sell the end products;
- Mary Hull (Proteadorp), who coordinates the Victim Empowerment Programme, provides food to the jobless and cares for the sick;
- Elizabeth Klaas (Zwelihle), founder and principal of the Khanya Educare Centre who assists abused and neglected women and children and cares for

handicapped children in particular;

- Glenda Furst (Hermanus), for her community work in Zwelihle where she fulfils a key role in the successful running of the Izibusiso Foster-care Home and is also involved in the counselling of grieving people;
- Jenny Sauls (Mount Pleasant), for her role at the Lombardi Service Centre and other activities for senior citizens, such as the Golden Games, World Elderly Abuse Awareness Day and Age in Action;
- Joyce Rawstorne (Hermanus), who collects scraps from restaurants to feed dogs in Zwelihle and also ensures that they have clean water;
- Bea Whittaker (Stanford), for her involvement in the monitoring of catchment areas, the eradication of invasive plants and the import of containers with medical supplies for distribution in Overberg;
- Claudine Dyck, crowned as the personality of the year in the REACH Programme, who offers support to sexually abused women and children and renders outstanding community services in Beverly Hills, Gansbaai.

# HOW TO REDUCE YOUR ELECTRICITY ACCOUNT

An analysis of your electricity consumption will probably show that depending on the season, between 40 and 50 percent of your electricity is used to heat up water for bathing and washing, 10 to 12 percent is used for cooking, 12 to 16 percent for electrical appliances and 5 to 8 percent for lighting. In winter time, you will use 20 percent of your consumption to heat up space, and in summer time, 15 percent will go into cleaning your swimming pool.

In view of this, the following tips will be of great help to reduce your monthly electricity account.

## Hot Water Cylinder

1. Instruct all household members, particularly servants and children, in the economical use of hot water.
2. When bathing, use as little water as possible or, better still, have a shower.
3. Do not wash one cup at a time under the hot tap but rather stack the dirty dishes and wash them together in the sink at the same time.
4. Do not allow hot water taps to drip.
5. Have the hot water cylinder thermostat set as low as the household's hot water demand will permit.
6. Switch off the cylinder when not in

use, for example at night, or should the family go out to work during the day, the cylinder could be switched off in the morning. More importantly, switch off the cylinder when away for relatively long periods, such as when on holiday.

7. Recommended temperature setting is 55C.

## Stove

1. When the water has boiled, turn the heat down as low as possible so that the water just keeps boiling. Do not cook food with the controls set higher than absolutely necessary.
2. It is cheaper to heat water in a kettle than to heat it in a pot on the stove.
3. Do not cook food for longer than necessary.
4. Make sure that the bottom of the pots are flat so that good contact can be obtained between the stove plates and the bottom of the pots.
5. For stoves with the heavy solid plates which retain their heat, switch off the plate a few minutes before removing the pot.
6. Small pots should be heated on the stove's small plates to avoid unnecessary heat loss.

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7. A microwave oven is cheaper to operate than a stove.

## Refrigerators and Deep Freezers

1. Open the refrigerator or deep freezer door as little and for as short a period as possible.
2. Do not place hot food in the refrigerator or deep freezer. Allow it to cool externally first.
3. Ensure that door seals are in good condition.

## Space Heaters and Air Conditioners

1. Sit as close as practically possible to a heater to avoid as far as possible the need to have both elements switched on at the same time.
2. Switch off the heater when leaving the room for any length of time.
3. When using heaters or air conditioners, limit or restrict as far as possible the opening of windows.
4. Curtains help to retain the heat in a room. Draw the curtains early in the evening, especially during cold weather.
5. It is cheaper to use an electric blanket than to heat the bedroom with a heater.

## Other Electrical Appliances and Lights

1. When using a kettle, do not fill it right to the top if you only intend making one cup of tea.
2. Store excess hot water from the kettle in a vacuum flask for the odd cup of coffee or for washing up later.
3. Dishwashers and washing machines should only be used when one has a full load to wash and not just a few items.
4. Do not leave lights burning unnecessarily.
5. Survey your incandescent lights for opportunities to replace them with compact fluorescents. These new lamps can save three-quarters of the electricity used by incandescent and have a much longer operating life. The best targets are 60-100W bulbs used several hours a day.

## Swimming Pools

1. Operate the filter pump for minimum periods.
2. During winter, algae growth is restricted, and the use of the filter cleaning system can be limited to once every few days.

## MORAL STANDARDS INITIATIVE: N° 6

### A CARING COMMUNITY

By Ronél Mostert

The fifth of six values that the Greater Hermanus Moral Standards Initiative focuses on is **CARING**. In a community where the attitude and conduct of its people is of a caring nature, that deeper sense of meaning, of purpose and of belonging is experienced.

In order to display a caring attitude, one can begin by doing small things at the local level, like looking out for one's neighbours or planting a tree at a community building. Caring people recognise and do something about the pain and need of members or of groups within the community. Caring for the lonely, the elderly, the poor, the children, the needy and the sick are active ways of putting this fundamental value into practice. That is how change takes place in living systems: not from above but from within.

Caring also involves care for the environment, ensuring that the natural resources are used in a responsible manner, that they are protected against vandalism and selfish exploitation. By promoting hygiene and tidiness, citizens not only express their self-respect and respect for others but also portray a sense of responsibility and care for the town that they are living in.

Another aspect of caring is that of safety and security of oneself, one's family and that of others. Citizens should stand up against crime and violence and by doing so ensure peaceful living and companionship that a community needs.

Parents are encouraged and chal-

lenged to care for the healthy development and proper education of their children. Caring parents not only give their children a safe home, but they give them unconditional love, acceptance and support and become active partners with schools, churches and other institutions in assisting their children to develop their full potential.

Thousands of years ago, the question was asked: "Am I my brother's keeper?" Yes, I am my brother's keeper. I am under a moral obligation to him that is inspired not by any maudlin sentimentality but by the higher duty I owe myself.

Let us then ask ourselves the following:

- Can we regard ourselves as caring individuals and communities? Do we respond to the needs of others, or do we simply turn a blind eye?
- Do we treasure our resources and care for the environment, and do we teach our children to do the same? Do we demonstrate peace and stability in our own lives and provide a caring home for our children?
- Is the experience of visitors to our town a positive one, and do they regard us as residents as being friendly and helpful? Are we in any way different from any other town?

Please feel free to direct any comments or suggestions on the Moral Standards Initiative to [ernstes@vodamail.co.za](mailto:ernstes@vodamail.co.za) or SMS to 0824124538 / 0824703975.

## WHALE BIRTHDAY BASH

On Tuesday, 22 September 2009, Maraaai will be hosting a "birthday bash" in collaboration with the Whale Festival Committee for those aged seventy-plus residing in the Greater Hermanus area. The party kicks off at 10:30 in the Sandbaai Hall where local artists will be entertaining the guests. Separate parties will be hosted a little later this year in Hangklip-Kleinmond and Gansbaai/Stanford. If you would like to obtain tickets for the bash, or are interested in acting as a hostess for a table, please feel free to contact Elize Verrij on tel 028 313 8058, fax 028 313 8067 or email [everrij@overstrand.gov.za](mailto:everrij@overstrand.gov.za)

## WORLD ENVIRONMENTAL CALENDAR: N° 6



### NATIONAL COASTAL CLEAN-UP WEEK 14-19 September

South Africa celebrates national coastal cleanup week during 14-19 September as part of the global initiative International Coastal Cleanup Day that is held annually on the third Saturday in September. The aims of this day are to remove debris from all water bodies, to use the debris collected to obtain valuable information on pollution trends, to increase public awareness around the causes and effects of the litter and to promote water pollution awareness.

The international event has been held for over 20 years. The first beach cleanup was held on the Texas coast in 1986 where 2,800 volunteers picked up marine litter. Since then the initiative has expanded to include rivers, streams, wetlands and other water bodies connected to the oceans. Marine

debris does not necessarily start in the ocean but on land, and these water bodies are the pathways that distribute debris to the ocean.

The 2009 report from the Ocean Conservancy, a non-profit advocacy group based in the United States, states that, last year, 400,000 volunteers in 104 countries (including South Africa) picked up 6.8 million pounds of marine litter on international cleanup day! The biggest portion of this litter came from recreational and shoreline activities.

Marine litter threatens our food supply, tourism and economic activities as well as our ecosystems. In the Overstrand region, we are all connected to the ocean. For more information, contact Willemien Swanepoel on 028 313 8100.